

**HILLSBOROUGH COUNTY PUBLIC SCHOOLS**  
**STUDENT NUTRITION SERVICES**  
**READY TO SERVE KITCHEN ELEMENTARY MIDDLE 2018**

BridgePrep (Riverview)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 BREAKFAST Eggo® Mini Blueberry Pancakes Breakfast Protein Bar 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH Cuban Sandwich Roasted Carrots Berry Blue Applesauce Assorted Low Fat Milk	2 BREAKFAST Assorted Cereal w/ Strawberry Grahams Yogurt w/ Cinnamon Graham Crackers 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH Teriyaki Chicken w/ Fried Rice (1cup rice) Broccoli w/ Lite Ranch Dip Fruit Cocktail Treat w/ Meal Assorted Low Fat Milk
5 BREAKFAST Eggo® Mini Cinnamon Waffles w/ Syrup Assorted Cereal w/ Strawberry Grahams 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk	6 BREAKFAST Assorted Cereal w/ Strawberry Grahams Peanut Butter & Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH Turkey & Cheese Sub Fruited Gelatin Crisp Garden Salad Assorted Low Fat Milk	7 BREAKFAST Eggo® Mini Blueberry Pancakes w/ Syrup Whole Grain Muffin w/ Mozzarella Cheese 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH <u>Thanksgiving Celebration</u> Roast Turkey w/ Mashed Potatoes & Gravy Homemade Stuffing Fresh Garlic Green Beans Peach Slices Thanksgiving Celebration Cookie	8 BREAKFAST Assorted Cereal w/ Strawberry Grahams Yogurt w/ Cinnamon Graham Crackers 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH Tuscan Rotini w/ Meatsauce (1 cup noodles) Berry Blue Applesauce Cheesy Spinach Bake Assorted Low Fat Milk	9 BREAKFAST Assorted Cereal w/ Strawberry Grahams Breakfast Protein Bar 100% 4oz Juice of Assorted Fruit Assorted Low Fat Milk  LUNCH Sweet & Sour Chicken w/ Yellow Rice (1/2 cup rice) Crisp Garden Salad Fresh Apple Slices Assorted Low Fat Milk
LUNCH Roasted Chicken Drumstick w/ Mashed Potatoes (1/2 cup) Roasted Carrots (1/2 cup) Applesauce Fruit Cup Dinner Roll Assorted Low Fat Milk				
12 <b>No School</b>	13 BREAKFAST Eggo® Cinnamon Waffles w/ Syrup Peanut Butter & Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH Baked Ziti w/ Ground Beef Fruited Gelatin Crisp Garden Side Salad Assorted Low Fat Milk	14 BREAKFAST Whole Grain Muffin w/ Colby Jack Cheese Stick Cereal w/ Strawberry Grahams 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH Teriyaki Chicken w/ Lo Mein Noodles Seasoned Peas & Carrots Sliced Peaches Assorted Low Fat Milk	15 BREAKFAST Eggo® Mini Blueberry Pancakes Breakfast Protein Bar 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH Ham & Cheese Sub 100% Fruit Juice Broccoli w/ Lite Ranch Dip Assorted Low Fat Milk	16 BREAKFAST Eggo® Mini Cinnamon Waffle w/ Syrup Breakfast Protein Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH Santa Fe Tacos Carrot Soufflé Applesauce Fruit Cup Assorted Low Fat Milk
<b>Fall Break</b>				



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26	27	28	26	30
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Revised 9/10/18